

Feb. 7, 2021

## **Dear Seabury families:**

From the beginning of the COVID crisis, Seabury has been committed to the best in health and safety practices, transparency in our policy and operations, and following the advice of the experts in public health and epidemiology.

We learned this weekend that someone at Seabury School has been diagnosed with COVID-19. The person is currently asymptomatic and doing well. After an investigation with Tacoma-Pierce County Health Department, we do not think you or your child was exposed. The person who tested positive will not be able to return to the school or facility until after the contagious period passes (10 days after the start of symptoms or from the positive test date). We want to let you know what happened and remind you of what you can do to prevent disease spread.

The symptoms of COVID-19 include fever, cough, headache, body

aches, diarrhea, nausea and vomiting. Some people have no symptoms at all, or the symptoms are so mild that they are not noticed. Some experience serious illness. If symptoms develop, the average time after exposure is about 5 days, but symptoms can appear anywhere between 2 and 14 days after exposure (the incubation period).

If you or your child develop symptoms, please contact your healthcare provider and request a COVID-19 test. It's best to wait to request testing until symptoms appear as the test is for active COVID-19. Even if the test is negative, symptoms could still appear until the end of the 14-day incubation period. These providers offer COVID-19 testing: <a href="mailto:tpchd.org/covidtest">tpchd.org/covidtest</a>.

## Please note the following for families with children in pre-k – grade 5:

- This case will not impact the start of in-person learning for students in grades 4 and 5. In-person learning will be offered for students in grades pre-k - 5 this week as planned.
- Bus service, however, will not be available on Monday and Tuesday of this week. We will notify families by Tuesday afternoon regarding whether bus service will be able to restart on Wednesday.
- As always, families have the option of shifting from in-person to at-home learning at any time; however, it will require one to

two days for teachers to prepare materials for students moving to be at home.

When conferring with the TPCHD, we were commended for Seabury's safety protocols and adherence to guidelines. However, we must remember that our protocols are only as effective as the commitment each of us makes to follow guidelines both at home and at school. Staff members at Seabury maintain physical distance of at least 6 feet from others and work only with their assigned classroom. Students and staff wear masks in the classroom and at recess. When taking masks off for eating or drinking, students and staff are stationary, a minimum of 6 feet apart, and preferably outside. Beginning last week, staff members working on campus have access to weekly testing for COVID thanks to a program sponsored by the health department. Following these and all of Seabury's COVID protocols, which can be found in our Pandemic Response Plan in the COVID response section of our website, we can prevent the spread of illness should someone in any of our classes become sick.

We need your help at home to reduce the chances of COVID coming to school:

- Stay close to home.
- Wear a mask when you leave home.
- Limit your interactions.
- Keep gatherings small, and outside where fresh air circulates.

- Stay 6 feet apart from others. Wear a mask when you cannot maintain 6 feet of space.
- Do not come to school if you or your child is experiencing symptoms that could be related to COVID or if anyone in the family is COVID positive.
- Get tested for COVID-19 if you are experiencing symptoms, or
  if you don't have symptoms but have been exposed to COVID.
  Notifying school and testing / quarantining is required if you
  have traveled or participated in gatherings of any size or type.
- Wash your hands, cover your cough, and keep up your best hygiene and sanitation.

We will continue to work closely with TPCHD and follow their guidance. Thank you for doing your part to support our staff, students and families during these challenging times.

For more information about COVID-19, visit tpchd.org/coronavirus.

In service, Sandi Wollum Head of school